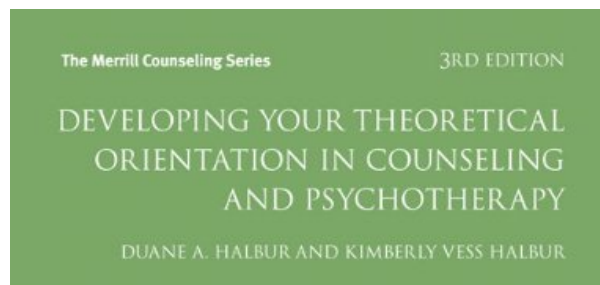


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This guide is designed to assist helping professionals—those who work with diverse populations in a wide array of fields—in the process of finding a theoretical orientation congruent with their own personal values. In it, readers get a look at the theory and practices involved in the process; a reminder/overview of the major theories of counseling; and specific learning activities, reflection questions, and case examples throughout. Unique to this book are the authors' Intentional Theory Selection (ITS) model, a contemporary model for selecting a theoretical orientation congruent with one's personal values, and the Selective Theory Sorter-Revised (STS-R), a survey for discovering which research theories a counselor might endorse.

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## About the Author

Dr. Duane Halbur's research interests include the needs of school counselors, philosophical counseling, and the integration of technology in counseling. Along with teaching and writing, he works as a licensed counselor in private practice specializing in children and families in transition.

Dr. Kimberly Vess Halbur's research includes cultural competencies for the helping professions and medical fields.

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