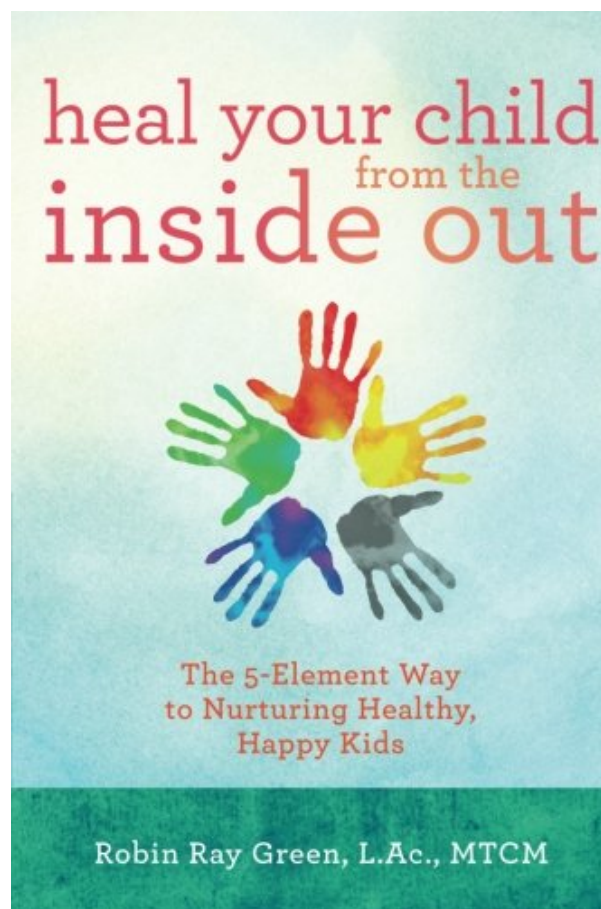


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to Nurturing Healthy,
Happy Kids

Robin Ray Green, L.Ac., MTCM

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Robin Ray Green, L.Ac., MTCM, is a licensed acupuncturist and herbalist, with a Master's in Traditional Chinese Medicine from the prestigious Five Branches University in Santa Cruz, CA. She has over ten years of clinical experience using Traditional Chinese Medicine to help children heal from asthma, allergies, eczema, and other common health problems that Western medicine doesn't adequately address. Robin founded the Center for Advanced Acupuncture Pediatrics, which provides premier pediatric acupuncture training worldwide. Her goal is to help people integrate Chinese and Western medicine to facilitate healing. Website: www.robinraygreen.com

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HEAL YOUR CHILD FROM THE INSIDE OUT: THE 5-ELEMENT WAY TO NURTURING HEALTHY, HAPPY KIDS

BY ROBIN RAY GREEN PDF

Drawing from the ancient wisdom of the Five Elements of Traditional Chinese Medicine, Robin Ray Green, L.Ac., MTCM, offers simple solutions for creating a natural healing program that is as unique as your child. Questionnaires and quizzes help you gain an understanding of your child's 5-Element type—whether it's Wood, Fire, Earth, Metal or Water—to allow you to diagnose imbalances within the body that create health issues. Once you've gained a solid understanding of the 5 Elements and how health conditions are affected by elemental imbalances, nutrition, and lifestyle, you'll learn simple techniques—such as acupressure, massage, and meditation—that will help your child achieve vibrant health.

Ultimately, empowered with this knowledge and a new, holistic perspective on health, you'll be able to augment Western treatments with time-tested natural solutions to help your child, and your whole family, heal naturally.

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This book is filled with amazing and empowering information for parents wanting to have some tools at

home to help kids get and stay healthy. Thank you Robin for putting this book together in an accessible and well organized manner. This book will give you new insights on how to care for yourself and your kids from a whole new perspective. This is a must have on the shelf for all parents!

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